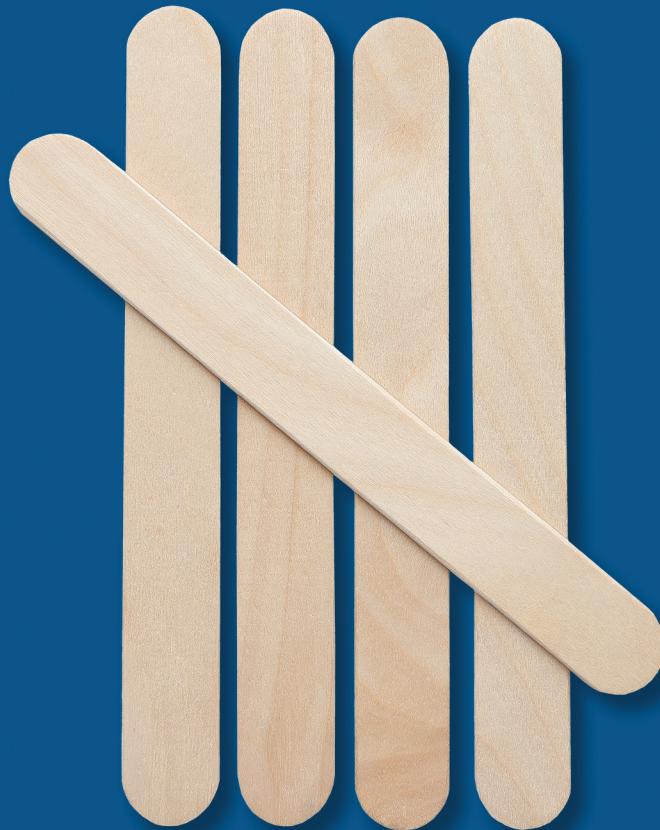


Counting Our Blessings



*His Hands Free Clinic
2024 Impact Report*



You are one of our many blessings.

In 1992, I certainly had no idea what the Lord had in mind for His Hands. The clinic has always been, and always will be, the product of His creativity and purposes for the people He loves. From humble beginnings with an all-volunteer staff and shoestring budget, to the multidisciplinary teams in place now, the transformation has been remarkable – yet the mission remains the same: to glorify God by meeting the needs of those without adequate resources.

As many of you know, I am winding up my nearly 40 year career in Family Medicine and Hospice/Palliative Care. With His perfect sense of timing (and maybe His sense of humor), God has positioned me to help

fulfill the duties of the Executive Director of the clinic starting in mid-February, while the search is under way for a new one. It will be my humble privilege to serve in this capacity and to see what God has in mind next. I'm grateful for the opportunity to stay connected with such a great organization "*for such a time as this.*"

Our theme for this annual report is Counting Our Blessings. You are one of our many blessings. Thank you so much! Your committed giving makes this ministry possible.

In His Grip,

Dr. Jim Bell

Staff

Dr. James Bell – Interim Director

Medical Clinic

Dr. James Bell – Physician Volunteer
Medical Director

Dr. Ann Safo – Staff Physician

Margie Leonard – RN/BSN
Medical Clinic Coordinator

Polly Draker – RN/BSN
Medical Clinic Supervisor

Wilford Bott – RN/BSN
Clinic Nurse

Lon Butikofer – RN/MSN
Clinic Nurse

Holly Langer – RN – Clinic Nurse

Kathy Reed – RN/BSN – Clinic Nurse

Kellie Gourley – CPT
Medication Room

Dental Clinic

Dr. Jeff Akey – Dentist
Volunteer Dental Director

Stacey Simon – BA, RDA, CDA, COA,
EFDA, FADAA – Dental Coordinator

Support Staff

Dawn Brouwers – LMSW, CFRE
Development Director

Cathy Piper
Office Coordinator

Sheryl Becker – BA
Administrative Coordinator

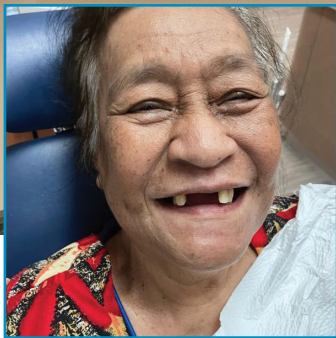
Kim Greiner – BA
Finance Coordinator

Jody Slife – BA
Spiritual Care Coordinator

Dawn Sloan – AA
Communications Specialist

Judy Smith
Administrative Assistant

Angie Melton
Patient Advocate



A Smile for Hanny

They say that a smile is *"a curve that straightens everything out."* Behind a smile is usually joy being expressed, laughter taking place, or kindness being shown. However, some people feel limited in expressing themselves because oral conditions make smiling a challenge.

Hanny is a patient that came to His Hands with teeth that desperately needed treatment. She always came to the clinic with her daughter and granddaughter to help translate. His Hands is blessed to have students from the University of Iowa College of Dentistry who volunteer their time at the clinic. With the help of six different students over five appointments Hanny was given a new smile. I saw Hanny at the clinic for a follow-up to fine tune her partial fit.

During her last appointment I handed her a mirror to look at her teeth. Hanny got very excited with what she saw. I said, *"You have a beautiful smile! Look at that! Go out in the world and smile Hanny!"* We all rejoiced over the finished product.

As I walked them to the door to say, *"Good-bye,"* Hanny started to sing to me a song of thanks in her language, and tears of joy filled my eyes.



This beautiful smile was made possible by many people: His Hands dental volunteers and staff, University of Iowa dental students, Dental Prosthetic Services, donors and prayer support.

Dr. Jeffery Akey,
His Hands Dental Director

His Hands counts our blessings for the compassionate and loving people who came together to make Hanny's smile possible.

Leadership

Dr. Mary Lehner **President**

Retired School
Principal & Education
Consultant

Dr. Donald Paynter **Past President**

Retired Physician,
UnityPoint Clinic

Kent Jorgensen **Vice President**

CEO Hospital
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UnityPoint/St. Luke's/
Human Resources
Assistant

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Teacher/Math
Enrichment /High
School Musical Director

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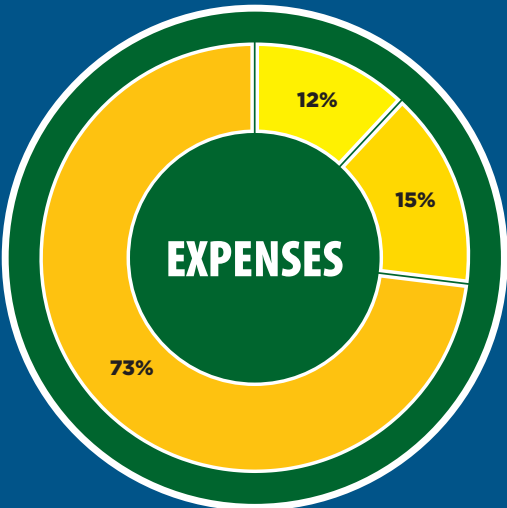
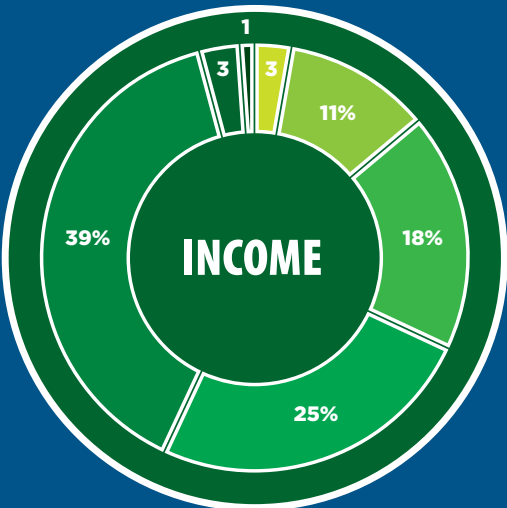
Etherton Muchirahondo

Program Manager -
Software - Mercy
Medical Center

Sheila Scheib

Director of Compliance/
Quality, OB-GYN
Associates

His Hands Free Clinic 2024 Financial Summary



Income

Churches	\$	44,848
Grants	\$	151,459
Individuals	\$	252,494
Fundraising	\$	344,969
In-Kind Support & Donations	\$	543,477

X-rays & Labs	\$206,744
Professional Services*	\$181,559
Bulk Medications	\$62,334
Patient Supplies	\$37,586
Fundraising Supplies	\$27,877
Medical Supplies	\$15,253
Volunteer Supplies	\$3,459
Building Supplies	\$3,364
Bibles	\$3,148
Office Supplies	\$2,153

Businesses	\$	49,185
Other	\$	8,434
Total Income	\$	1,394,866

* Donated professional services include: Doctors, Physician Assistant, Dentists, Chiropractors, Physical Therapists, Nurses, Dental Assistants, Dental Hygienists, Dietician, Diabetic Educators, Accounting, Marketing, and Graphic Design.

Expenses

Administration	\$	170,789
Fundraising & Communications	\$	218,137
Direct Patient Care	\$	1,055,450
Total Expenses	\$	1,444,376

His Hands Free Clinic

2024 Care Summary

Top Reasons for Medical Care

Mental Health
Hypertension
Diabetes
Musculoskeletal
Health
Maintenance/Tracking
Gastrointestinal
Dermatology
Cardiovascular
Ear/Nose/Throat
Neurological

Patient Visits by Clinic

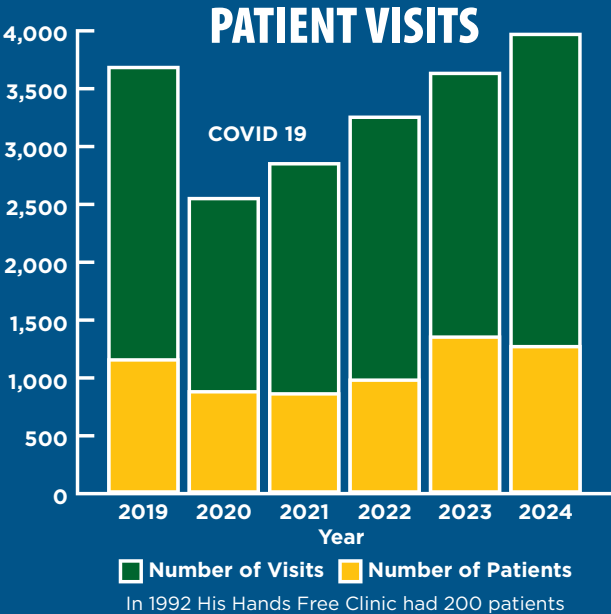
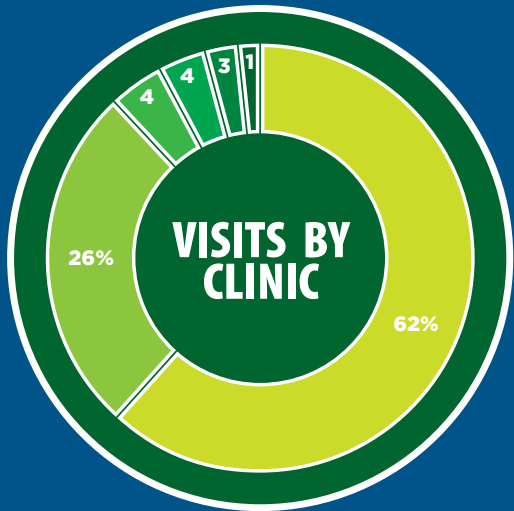
Medical 2,462
Patient Advocate 1,049
Dental 171
Physical Therapy 137
Chiropractic 108
Chronic Disease
Education 57
Total **3,984**

Services Provided

● Total Number of Patient Visits 3,984
Patients Offered & Received Prayer 1,395
● Total Number of Unique Patients 1,279
Percent of Patients Employed 62%
Total Number of Countries Served 70
Unique Languages 26
Counties Served 26

Volunteer Contributions of Time & Talent

Total Number of Volunteers 133
Total Donated Service Hours 6,820
Total Value of Volunteer Service \$258,263





Randy Pospisil: Serving Through Prayer

Randy Pospisil is a dedicated Prayer Support Volunteer who faithfully serves most Tuesday evenings, praying with patients at His Hands Free Clinic. His journey with the clinic began through his wife, a volunteer serving in a variety of roles.

Unsure how he could contribute – without experience in reception, data entry, or the medical field – Randy questioned what skills he could offer. Then, he discovered our Prayer Support Team.

With a heart for connecting with others and sharing God's love, Randy has found his place in prayer support.

"Prayer really impacts these patients because this might be the one time in their day that they have someone that says, 'God loves you,'" Randy explains. "Someone that says, 'God cares about you, He wants to hear from you, and He cares about the things you're going through.'"

Through his faithful service, Randy is making a profound impact – bringing comfort, encouragement, and hope to each person he prays with.

His Hands considers Randy as one of our many blessings at the clinic.

Legacy Giving

Please consider joining our Sustainers Society by including His Hand into your will.



Additionally, you can maximize your Iowa tax credits by contributing to our endowment at the Greater Cedar Rapids Community Foundation.

For more information, please contact Dawn Brouwers at dawn@hishandsclinic.org or 319-200-5073.



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In an effort to be good stewards of your resources, the full list of donors to His Hands Free Clinic isn't included in the print version of our Impact Report. You can find a full listing online in our 2024 Impact Report at HisHandsClinic.org/about.

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 Church On Northland
 Faith Bible Church
 Faith Presbyterian Church
 FaithLife Lutheran Church
 First Lutheran Church
 Grace Christian Fellowship
 Heart of Mary Cluster
 Immaculate Conception Catholic Church
 King Of Kings Lutheran Church
 Living Hope Wesleyan Church
 Marion Christian Church
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 New Covenant Bible Church
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 Peace Church
 Prairie Bible Church
 Radiant Church
 Saint Pius X Parish
 Salem United Methodist Church
 St. Matthew's Catholic Parish
 St. Elizabeth Ann Seton Catholic Church
 St. Joseph Catholic Church
 St. Jude Catholic Church
 St. Paul's United Methodist Church
 Stonebridge Church
 Trinity Lutheran Church
 Veritas Church
 Zion Lutheran Church

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 this accurate, but if there are errors,
 please let us know via email:
sheryl@hishandsclinic.org
 Thank you!

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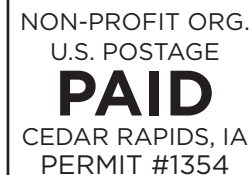
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We invite you to come and explore the clinic through our Tours & Treats program.

We encourage you to bring family, friends, and coworkers to join you.

Selected dates and times are available, April through October.

Go to HisHandsClinic.org to sign up.

This is NOT a fundraiser.



Laughter is the Best Medicine

After being off for two years due to COVID our Laughter gala returned last year and was a huge hit. So we're bringing it back again this year.

Please join us for this fundraising event full of fun, frivolity and fellowship.

Save the date for Thursday, September 25 at DoubleTree by Hilton in downtown Cedar Rapids.

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