

2019 Impact Report

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# Good Roots Solid Growth



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## OUR MISSION

To bring glory to God by meeting the physical, emotional, and spiritual needs of those without adequate resources.

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### STAFF

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#### MEDICAL PROGRAM

- Dr. James Bell**  
Volunteer Medical Director
- Mallory Hughes, RN/BSN**  
Clinic Coordinator
- Margie Leonard, RN/BSN**  
Assistant Clinic Coordinator
- Polly Draker, RN/BSN**  
Clinic Supervisor
- Jennifer Lopez, RN/BSN**  
Diabetes Nurse Educator

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#### DENTAL PROGRAM

- Dr. Jeff Akey**  
Volunteer Dental Director
- Stacey Simon, BA, RDA, CDA,**  
COA EFDA, FADAA  
Dental Coordinator

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#### SUPPORT STAFF

- Dawn Brouwers, LMSW**  
Executive Director
- Cathy Piper**  
Office Coordinator
- Sheryl Becker, BA**  
Administrative Coordinator
- Amy DeLay, CAC**  
Patient Advocate
- Kimberly Junge, LPN**  
Spiritual Care Coordinator/  
Volunteer Coordinator
- Stacie Eastman, BA, CYPM,**  
ASIST Certified, GC-C  
Director of Development  
and Communications



Mallory



Sheryl



Margie



Amy



Dawn



Kim



Cathy



Stacie

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### BOARD OF DIRECTORS

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#### OFFICERS

- Jill Helling**  
President, Program Manager,  
UFG Insurance
- Phil Hershner**  
Vice President, Wealth Management,  
US Bank
- Ann Lawrence**  
Secretary, Community Volunteer
- Alan Bensema**  
Treasurer, Retired Corporate Accounting  
Manager, TransAmerica

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#### BOARD MEMBERS

- Beth Disselkoen**  
Financial Assistant, Bridgehaven  
Pregnancy Support Center
- Jonathan Demildt**  
Project System Engineer  
Collins Aerospace/United Technologies
- Thomas Moore**  
Retired Executive Director  
African American Museum of Iowa
- Dr. Donald Paynter**  
Retired Physician, Unity Point Clinic
- Lori Soppe**  
Retired Marketing Executive

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### A SPECIAL THANK YOU

All of us at His Hands are grateful for your gifts of time, talent, and financial support. Thank you for your love of the clinic and those we serve.

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his isn't an annual report that you are holding in your hands. True, it has numbers and statistics, but this is much more than that.

Within these pages are the seeds of hope that are planted daily at the clinic. Every gardener knows that a good harvest starts with rich soil and that continuous, dedicated work of the soil is needed so that plants can thrive.

### **So, how did our garden grow this year?**

*Our garden grew in many ways.* You planted seeds of hope for individuals and families to receive care both in body and spirit. God used you to help grow our diabetes education program by 70%, helping more than 120 individuals to manage their diabetes.

In 2019, God provided a building for His Hands to grow. We moved in to our new space in June 2020 and opened our doors to the public in July. I can't wait to see how God will continue to provide in 2020, planting seeds of health for our community.

At the time of this writing, we as a country and community are dealing with COVID-19. The Bible tells us in Joshua 1:9,

*“Have I not commanded you? Be strong and courageous. Do not be terrified, do not be discouraged, for the Lord God will be with you wherever you go.”*

Thank you for supporting patients who are treated with the dignity and respect they deserve as children of God. Thank you for planting seeds of esteem.



**Dawn Brouwers, LMSW  
Executive Director**

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**T**

ypical of most college students, Christiana is on a tight budget. A native of Chicago, Christiana is majoring in psychology at Coe College in Cedar Rapids. Christiana knows that medical care is important to keep her functioning at her best, but she didn't know where to turn. Thanks to a chance meeting with His Hands Office Coordinator Cathy at a community engagement fair, Christiana learned that there was a place that cared for her and her health.

*“I’m a broke college student,” laughs Christiana.  
“This is all I have to make sure I am healthy and good.  
I feel respected and welcomed at the clinic.  
Everyone here is so chill and always takes the time  
to make sure that I have what I need  
so I can be my healthiest.”*

Rather than feeling like a number, Christiana appreciates the one-on-one time that clinic doctors and nurses take to get to know her as a person, while providing the medical treatment she needs.

*“I like the welcoming atmosphere.  
You actually care about people.  
The clinic makes me feel respected and welcomed.  
I don’t like feeling like the next person is coming in and  
they have to get you out. I have never felt like that.”  
Christiana shares,  
“Not only are you given good medical care,  
but you have spiritual care too.”*



**Christiana with  
RN volunteer Alex**

Christiana's advice to anyone wanting to be seen as a patient at the clinic is simple: *“Just come. There is no pressure to be perfect. Anytime you come, you are going to be welcomed. There are people who really care about you here.”*

Christiana, we thank you for trusting us to care for you.

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**In 1992, we served 200 patients. In 2019, we served 1,165 patients with a total of 3,698 visits.**

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In 2019, 53% of patients seen were employed.

*“Not only are you given  
good medical care,  
but you have spiritual care too.”*

From 2018 to 2019, the number of Diabetes Nurse Education visits increased from 75 to 120. His Hands' target population has risk factors that make them more vulnerable to the disease.



Roger Junge is definitely a man who understands being busy. When Roger retired four years ago, he didn't want to be idle. He believes people need to have something to show up for, and volunteering also feels good to do. *"I like serving, because I need to have purpose."*

Roger first got involved at His Hands because he was drawn to the compassion the clinic shows to the community. Roger shares, *"I would describe the clinic as very Christ-centered."* Truly a jack of all trades, Roger serves as a go-to volunteer at His Hands Clinic. Light maintenance? Ask Roger. Errand running? Ask Roger. Serving as a point person for building questions? That's Roger, too.

*"I'm not a medical or healthcare professional, but it's really neat that I am able to volunteer without having to be a professional."*

Volunteering at His Hands doesn't require a huge time commitment. Roger explains, *"Sometimes I spend fifteen minutes, sometimes a couple hours."*

Roger appreciates the flexibility he has at the clinic and shares that those at the clinic are always appreciative of the time he gives.



**Roger Junge**  
Volunteer

*"There are so many areas and places where you can help. My wife was drawn to the clinic first as a nurse, and I didn't think there would be anything for me, but they have all kinds of things that people who aren't healthcare professionals can do."*

Roger has been with His Hands for a year and has made his talents and presence known throughout the clinic. We are grateful for his worker's heart.

**In 2019, 271 volunteers dedicated time worth \$303,912 to His Hands Free Clinic.**



Eight volunteers are needed to provide one medical clinic.  
Medical and dental providers are needed for 2-4 hours a month.  
Please join us. You will make a difference.

*“I like serving, because  
I need to have purpose.”*

Many other non-medical volunteer positions exist at the clinic. Go to [www.hishandsclinic.org](http://www.hishandsclinic.org) to learn more.



As a volunteer at the clinic, His Hands board member Ann Lawrence wears many hats. Ann, along with her husband, Dr. David Lawrence, actively support and volunteer because, says Ann,

*“We believe in the mission.  
Dollars are used wisely. We are all people in need.  
We are all the same, and we need God and  
need to know the One who created  
us loves us.”*

While Ann truly enjoys everything she does at the clinic, she has been the most moved by her involvement in prayer support. Prayer is not a requirement for patients to be seen at the clinic, but it is offered to everyone. Ann explains,



**Ann Lawrence**  
Volunteer/Board Member

*“Most people love that we ask them  
if they would like prayer.  
It is a way of us addressing the whole person –  
not just their physical needs that they are coming in for  
but also their emotional and spiritual needs.  
It helps someone to feel more at peace to know that God  
loves them, and so do we.”*

*“I pray for them right in that room,  
and I pray for them later. People often ask for us  
to pray for other people in their lives.  
Prayer is humbling and breaks down all barriers.”*

Ann does so with the belief that we are to love our neighbors as ourselves. Ann shares, *“We are blessed to be a blessing to others.”*

Indeed we are, Ann. You are a blessing to us.

**In 2014, the clinic had 345 donors. In 2019, the number of donors grew to 769, a 123% increase.**





In 2019, 1,412 people received prayer, and 272 Bibles in seven languages were distributed.

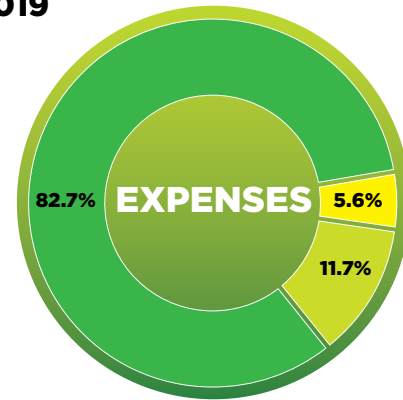
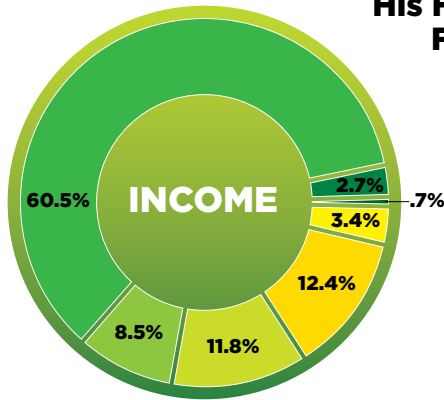
*“We believe in the mission.  
Dollars are used wisely.”*

In the last five years, His Hands' cash budget has grown from \$214,000 in 2015 to \$561,000 in 2020.



We are so thankful for your faithful giving. You gave and God multiplied your gifts. We have 57 monthly donors who ensure that we can count on \$3,080 a month to provide healthcare services. For more information about monthly giving or learning how to leave His Hands as a legacy in your will or estate plans, call or e-mail Dawn Brouwers at 319-862-2636 or Dawn@HisHandsClinic.org.

### His Hands Free Clinic 2019 Financial Summary



● Churches	\$ 44,882
● Individuals	\$ 163,816
● Special Events	\$ 155,091
Praise On The River	
Laughter is the Best Medicine	
● Grants	\$ 112,325
● In-Kind Gifts	\$ 797,334
● Businesses	\$ 35,043
● Other	\$ 9,852
Community Organizations - \$8,385	
Reimbursable Services - \$1,467	
<b>Total Income</b>	<b>\$1,318,343</b>

● Administration	\$ 69,192
● Fundraising & Communications	\$ 143,552
● Program	\$ 1,013,421
Includes \$776,300 of in-kind donations of medical and professional services, prayer support and other volunteer time	
<b>Total Expenses</b>	<b>\$1,226,165</b>



In an effort to be more faithful stewards of the funds we have received, we have elected to only list memorials and honorariums. Donors will be recognized on the clinic's website.

### 2019 Memorials

**Joe Anholt**

Maureen Mossman

**Donald Bomkamp**

Don & Mary Ann Nelson

**Margaret A. Brenneman**

Leslie & Jay Mowry

**Albert Anthony Cearlock**

Kenneth & Catherine Cearlock  
Joan M. Scotter

**Earl Dykema**

Cedar Memorial Funeral Homes  
Richard Debruin  
Brent & Beth Disselkoen  
Jeff & Tina Kernwein  
Phillip & Susan LeHew  
Pheasant Ridge  
Homeowners Association  
Don & Nancy Pittam  
Larry & Deborah Roberts  
Dean & Debra Roggow  
Chuck & Marsha Veldhuizen  
Floyd & Carol Wesselink

**Leland Harris**

Randal & Maureen Harris

**Marjorie Henderson**

Mary Deborah Bialeschki  
Thomas & Kris Cleveland  
Linda Conn  
Jolynn M. Glanzer  
Gary & Becky Hamer  
Nedra M. Hanken  
Duane Hill  
Ivan & Lynn McBride

Douglas & Nancy Morris  
Darrell & Cathy Piper  
Dale G. Rudy  
Kent J. Schwartz  
Dennis & Patricia Shaffer  
Ron & Cyndi Ziegler

**Lula Emanuela Karoules**

David & Julie Duncalf  
Robert & Patricia Lehnerr  
Patricia Schmitt  
Marianne & Mel Stanard

**Nancy C. Mobley**

Kenneth Armbrecht  
Beverly Arthurs  
Jerry & Shelley Ask  
David & Susan Beckman  
David & Patricia Berner  
Kevin & Kari Bruns  
Bonnie J. Bubke  
Houston & Rachel Campbell  
Kenneth & Catherine Cearlock  
Richard & Diane Jamrok  
Jerry & Sharon Logan  
Mark & Deanna Long  
Mavis I. Lovik  
Roger Mobley  
Matthew & Lois Mulbrook  
Lanette C. Passman  
Kevin & Vicki Schlake  
Robert & Constance Varian  
Glen & Shawna Wiebel  
Alan & Marilyn Young

**Rosa Moss**

Randall & Jo Harman

**Paul Pisarik**

Ruth Ann Kendall  
Dean & Mabel Pata

**Marvin Pospisil**

East Central Iowa Acute Care

**Ireta Trusheim**

Diane M. Ackman  
Faye Irene Gerner  
Wilbert & Martha Trusheim

**James Wagner**

Frank & Janice Wagner

**Fonda Kathleen White**

Joyce M. White

### 2019 Honorariums

**Bruce Aune**

John C. Bloomhall  
Gary & Dawn Brouwers  
John & Mary Campbell  
Thomas D. Castle, Sr  
Michael K. Denney  
Brian Pecinovsky  
Thomas R. Pritz

**Patty Bloomfield**

Vanguard Charitable

**Peter Caldwell**

Naser & Catherine Payvandi

**Doug & Joan Minney**

Jane Deets

**Christine Eustice**

Thomas & Kris Cleveland

**Madeline Greene**

Margaret R. Greene

**Helen & Mark Cross**

Rita L. Porter

**Kevin & Dani Simnacher**

Joanne L. Herzog Collins

**Kirk & Angie Nanke**

Marvin Hooker

Good Roots have resulted in Solid Growth. In 2020, His Hands moved into a new facility with twice the space, allowing us to better serve the needs of our current and future patients.



***Restore the body. Refresh the spirit.***

1245 2nd St. SE  
Cedar Rapids, IA 52403

### Services Provided by His Hands Free Clinic

Total Number of Patient Visits	3,698
Total Number of Patients	1,165
Percent of Patients that were Employed	53%

### Fundraiser Update



### Patient Visits by Clinic

Medical	1,778
Chiropractic	573
Medication Refills	481
Social Work	453
Dental	252
Diabetes	120
Medical Consultation	101
Physical Therapy	49
Optical	41
Mental Health	10

### Top Reasons for Medical Care

Hypertension
Musculoskeletal
Mental Health Issues
Diabetes
Gastrointestinal
Ear/Nose/Throat
Infections
Respiratory
Gynecology
Physical for Work or School

### COVID Cancellation

Laughter is the Best Medicine has been CANCELED this year due to COVID-19.

Events are 30% of our annual cash budget. If you are capable of giving, we would be very grateful.

Please contact  
Stacie@HisHandsClinic.org  
to learn more about partnering  
with His Hands.