



2016 Annual Report

Restore the body. Refresh the spirit.

Bringing glory to God by meeting the physical, emotional and spiritual needs of those without adequate resources.

You helped a child receive a much needed surgery

As a parent, you would give anything to provide for your children, but imagine being in a new country where you don't have the resources to do so.

While living with his family in Africa, Ereel was diagnosed with a heart murmur. After immigrating to the United States last year, the family came to His Hands for routine physicals and mentioned the condition. Martin, Ereel's father, was able to meet with our social worker to talk about options for insurance.

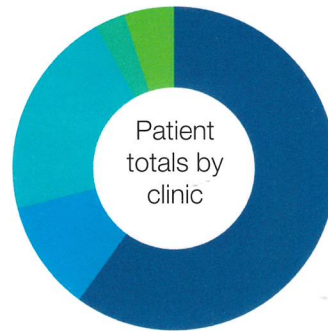
Together they completed a Medicaid application, but the family was ineligible because they had not been in the U.S. long enough. Martin tried to obtain insurance through the Affordable Care Act, but he was unable to afford any of the plans offered to them.

Martin returned to talk to our social worker. They talked through more options, but nothing was working out.

His Hands referred Ereel to another clinic, and he was then sent to a specialist. Martin worried they wouldn't be able to afford the specialist without insurance, but soon they received a letter. The children had been awarded Medicaid!

"When Ereel didn't have insurance it was difficult for us as parents, because our kid was sick, and we couldn't go to the doctor," said Martin. "Now we are happy, because we can get the help he needs."

Now Ereel's visit to the specialist will be covered and so will any necessary surgery. After six long months of waiting, this young boy will finally be able to get the care he needs. Praise the Lord!



- Medical - 60%
- Dental - 11%
- Chiropractic - 21%
- Social Work - 3%
- Other - 5%
 - Physical Therapy
 - Mental Health
 - Women's Health

In 2016, His Hands saw a 6 percent increase in patients despite having to cancel more than 133 appointments due to lack of staff and volunteers.

Affordable Care Act

With all the discussion about the Affordable Care Act in our country, many people ask us how the changes in our laws could affect His Hands. The short answer is that we expect the number of patients requesting services to increase. A more accurate answer is that at His Hands we know that Jesus said, "the poor you will always have with you." Therefore, regardless of what happens to health care in our country, His Hands will continue to be here providing services to those in need.



We see God through our everyday interactions

By Dr. Jolynn Glanzer

I began volunteering at His Hands in October 2013. The Clinic offered me the opportunity to continue to work in my profession without having the 24/7 burden that comes with medical practice. I have always really enjoyed interacting with people by helping them with their health. Through the years I have also found that also involves helping them spiritually.

At His Hands, we help people physically, emotionally, and spiritually. Everyone here is committed to making our patients feel cared for and special. After assessing and addressing the physical problem, there is often time to ask about spirituality. Many times showing people how the Bible can relate to their problems gives them a glimmer of the hope that they can have in God.

At His Hands, God has given us the opportunity to help save people from spiritual and physical death. Some people have walked in so ill we have had to call the ER and send them to the hospital, and some people walk in ready to accept Christ. I've learned that nothing happens by accident.

One day I "happened" to be in the hallway when a man walked in with a limp. He told me he had been losing strength in his leg for several years, he hadn't been able to work for a few months and that he had seen many doctors but still had no answers. He said his problem stemmed from a knee injury, but seeing him walk in, I could tell that his problem was much more than just his knee.

Eventually, with the help of another clinic, he was diagnosed with a tumor on his spinal cord, and he was able to get the surgery he needed. I saw God's hand in this situation. If I had not "happened" to see him walk in, I would not have realized that his situation was more than a knee problem. I attribute that "happening" to God's intervention, and I see God's hand in situations like this at the Clinic all the time.



How you can help your neighbors through His Hands



Join us
Sunday, June 11 at the
McGrath Amphitheatre



Join us
Monday, October 2 for
this year's Laughter is
the Best Medicine

His Hands Board

Jamie Jonas, President
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Thank you to all of our
board members who
faithfully serve His Hands.

His Hands Staff

Dawn Brouwers, Executive Director
Mallory Hughes, RN, Clinic Coordinator
Cathy Piper, Office Coordinator
Lyn McBride, RN, Nurse Manager
Shelli Marin, Dental Coordinator
Sandy Bodin, RN, Clinic Assistant
TBD Patient Advocate
Pam Skelton, Spiritual Care and
Volunteer Coordinator
Patti Jacobson, Administrative Assistant
Elizabeth White, Marketing Assistant

Thank you for making health care accessible and without charge in our community

Businesses and Churches

Advanced Spine and Rehab Center PC, Aegon Transamerica Foundation, All Secure-Cedar Rapids, Alliant Energy Foundation, Anderson Bogert, Anonymous, At Your Service Corridor Community, Benjamin L. Fuller, DDS, P.C., Bethany Lutheran Women's Guild, Better Health for Iowans Foundation Inc, Bouslog Insurance, Bowers Chiropractic, PLLC, Braden Ray Estate, Building Pros Of Eastern Iowa, C4 Operations LLC, Cargill, Inc., Cedar Rapids Bank & Trust Co., Cedar Valley Steel Inc., Chiropractic Health Care Assoc., Christ Church Presbyterian, Christian Community Fellowship Church, Community Savings Bank, Corridor Diamond & Gold, Crosspoint Church, Dental Prosthetic Services, Dupaco R. W. Hoefer Foundation, E.S. and D. Services, Inc., Empowering Our Community LLC, Fairfax State Bank, Farmers State Bank, Fidelity Charitable Gift Fund, First Assembly, First Lutheran Church, First United Methodist, Five Seasons Physical Therapy PLC, Gee Asphalt Systems, Inc., General Mills Your Cause, GreatAmerica Financial Services, Guaranty Bank Charitable Trust Agency, Hames Homes, LLC., Hawkeye Labor Council AFL-CIO, Hills Bank and Trust Company, Hills Bank Donor Advised Gift Fund, Hillside Wesleyan Church, Hughes Nursery and Landscaping, Hus Memorial Presbyterian Church, Illuminate, Ilten's, Inc., Immaculate Conception Catholic Church, Jared & Carol Hills Foundation, Jerry K. Ask Investment Services, John P and Lawrence J Giacoletto Foundation, King Of Kings Lutheran Church, Kingery Manufacturing Service, LLC, Kirkwood Nursing Department, Kona Ice Of Cedar Rapids, LLC, Ladco, Inc., Larry Roberts Interiors LTD, Linn Chapter Of Medical Assistants, Linn County Medical Society, Little Angels Childcare Center, LLC, Living Hope Wesleyan Church, Lodge Klas 160, M. Paul & Glennys Brimmer Foundation, Mansfield Charitable Foundation, Marilyn Klein Revocable Trust, Mercy Medical Center, Mercy Medical Staff, Midwest Strategic Investments Inc., Millhiser Smith, MLY Investments, National Christian Foundation, Nesper Sign Advertising, Inc., New Covenant Bible Church, Noelridge Christian Church, One Foundation, Inc.,

Our Savior's Lutheran Church, PCI Vascular and Vein Center, Peace Church, Pei's Mandarin, LTD, Pepsico Silicon Valley Community Foundation, Physicians Clinic Of Iowa, PC, Polar Bird Peppy's, Inc., Primus Construction Inc., Prototype Consultants, Race Foundation, Red Star Yeast Company, Rockwell Collins, Rogers Concrete Const., Sadler Power Train, Inc, Saint Pius X Parish, Schumacher Carpets, Inc., Shey Systems INC, Shuttleworth & Ingersoll, P.L.C. Attorneys At Law, Simmons Perrine Moyer Bergman PLC, Spot Free Mobile Wash, St. Jude Church, St. Paul's United Methodist Church, Stonebridge Church, Suburban Lumber Company, Surgery Center Cedar Rapids, The Maurice Foundation, Theisen's, Trinity Lutheran Church, U Of I Community Credit Union, United HealthCare, United Insurance Agencies, Unity Point-St. Luke's Hospital, Unity Point-St. Luke's Medical Staff, US Bank, Valley View Baptist, Veridian, YourCause LLC Trustee For PepsiCo, Zion Lutheran Church, Zion Lutheran Church LWML

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God has provided greatly through you

I am so thankful for you! God provided in 2016 through you as the clinic saw a great deal of transition. Cyndi Ziegler, our clinic manager of five years, retired and we added a social worker and a spiritual care/volunteer coordinator. We added these staff members to position ourselves to help patients in a more holistic way and to ensure that volunteers are recruited and trained.

As an organization, we changed our branding to make it very clear who we are and what we do. We refreshed our logo and added the tagline: "Restore the body. Refresh the spirit."

In 2017, we expect to complete some renovations around the clinic that are needed to provide services more efficiently and effectively with our limited space. We look forward to updating you on this project as the year goes on. We also plan to start using some clinical outcome measures to

better determine our effectiveness.

We continue to need more prayer support volunteers so that all clinics are covered. As you know, it is a high value of the clinic to provide for the physical, as well as the spiritual, and emotional needs of those without adequate resources. Please refer anyone you know who might be interested in serving and we will follow up with them.

As I said at the beginning, we praise God for His provision through you. In 2017, the clinic will turn 25 years old, and we will be celebrating God's goodness on the 25th of each month. You made this possible! Be sure to follow us on Facebook to see our monthly celebrations!

Dawn Brouwers, Executive Director

Our patients say...

"I have insurance benefits! I just wanted to say thank you for all the help you gave me when I wasn't able to afford help elsewhere. I will be forever grateful and I don't know what I would have done without you. You are an amazing organization with the most loving people. I will miss you!"
- Lisa

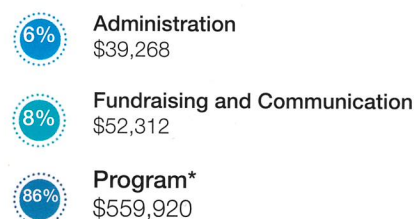
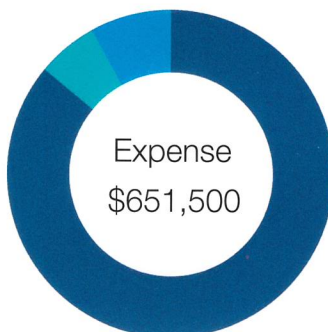
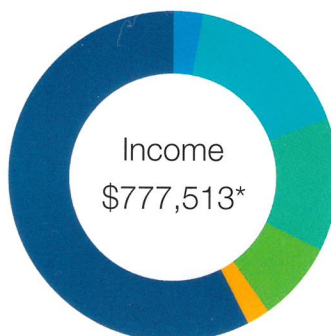


Our patients say...

"My experience was a welcome surprise. I put off making an appointment because I am not used to asking for help. You were so kind and professional. I appreciate the support I was given. I can't thank you enough." - Alisa



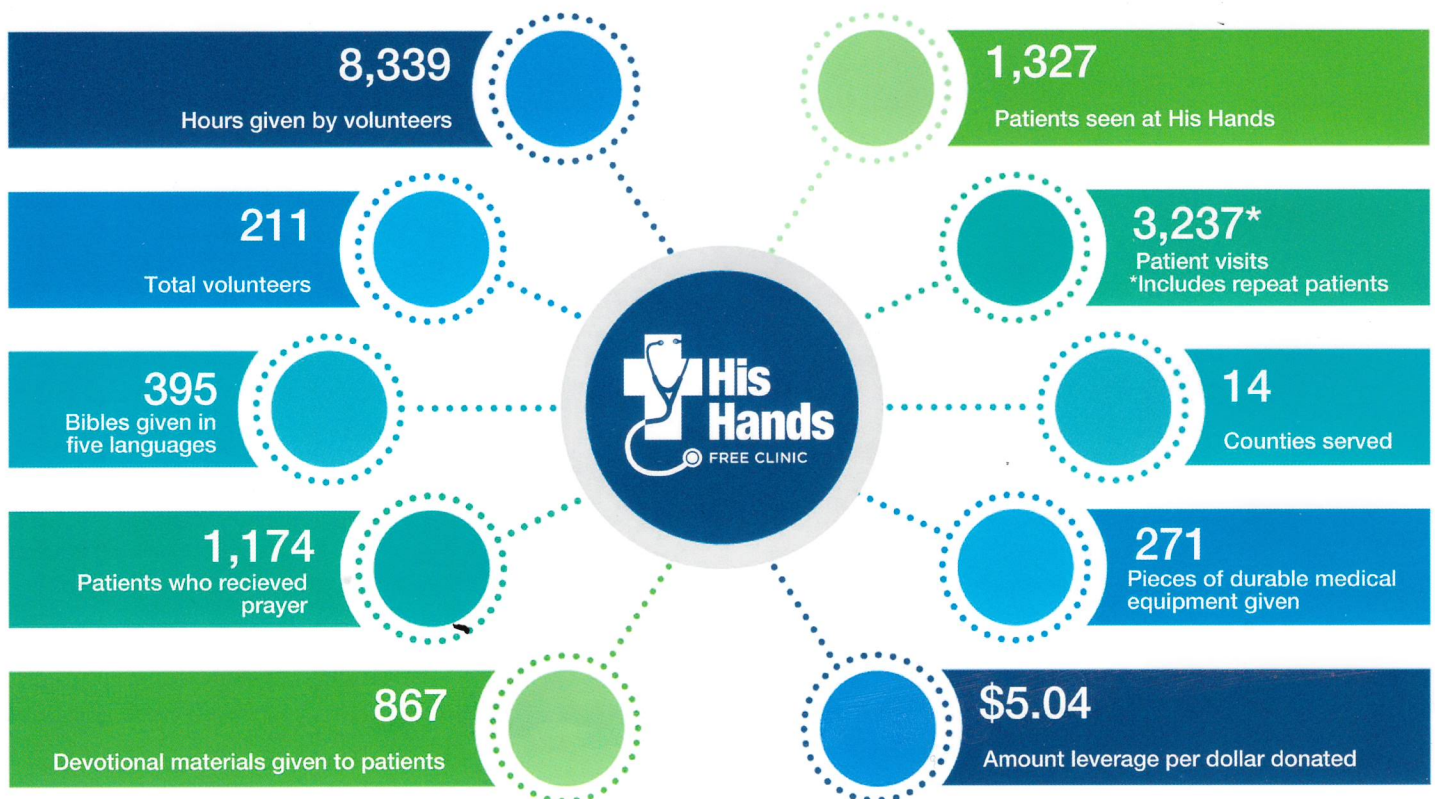
*Includes \$56,148 in restricted income



*Includes \$447,964 of in kind donations of medical services, medication, and supplies



Restore the body. Refresh the spirit.
400 12th Street
Cedar Rapids, IA 52403



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and stay up to date on all of
our current happenings.



Keep up to date via email. Sign
up to receive monthly emails
at, www.hishandsclinic.org



You can support His Hands through
Amazon Smile and by donating items
to Stuff, Etc. More info on our website.