

HIS HANDS

FREE MEDICAL CLINIC

2015 Annual Report

Bringing glory to God by meeting the physical, emotional and spiritual needs of those without adequate resources.



**How did you
help your
neighbors
in 2015?**

1,162
patients
received
prayer* 

425 BIBLES
given in 5 languages

 **875**
devotional
resources given

**PATIENTS SEEN
FROM
13
COUNTRIES**



 **3,659**
prescriptions given
valued at \$170,000

250 PEOPLE
given durable medical
equipment 

20
counties
served 

*Patients who receive prayer not tracked by name. This number includes repeat patients.



Did you know you can connect with the clinic on Facebook and stay up to date on all of our current happenings?

You can also keep up to date via email. Sign up to receive our monthly emails on our website at www.hishandsclinic.org



Thank you for joining hands with His Hands in 2015. For some, this is your first year joining with us and others have been so faithful over the years. On behalf of the staff, patients and His Hands board, we thank you for making a difference in the health of our community.

In 2015 God blessed us in so many ways I could fill this whole report with stories of God's goodness and grace. For the sake of space I am limiting myself to a few things:

- 1) Thanks to **Todd Neighbor of Cedar Valley Physical Therapy**, we were able to start physical therapy services. We could even use another PT if you know someone to refer!
- 2) Thanks to the **University of Northern Iowa** and **Mount Mercy University** for helping us start a pilot program providing social work services.
- 3) Thanks to **Dr. Jolynn Glanzer, Christie Hinds, ARNP and Dr. Jerome Janda** we are able to have two daytime clinics each week with at least two providers. This is how we were able to increase the number of patients served in 2015 by 13.6 percent.

In 2016 His Hands looks forward to continuing social work and physical therapy services. However, with this growth comes some space challenges which we will be exploring in more detail. I can't wait to see what God has in store for 2016!

Thank you so much for being a part of this medical ministry to the Cedar Rapids area!

Dawn Brouwers, Executive Director



How did the clinic change in 2015?



14 percent more volunteer hours than 2014

1,251 patients

2 clinics per week with 2 doctors each

\$3 leveraged for every \$1 received



13 supporting churches

5,173

volunteer hours

672 women
579 men



13.6% more patients seen

1,621
medical visits

1,040
chiropractic visits

576
dental visits

285
volunteers



KELLY

Every day we're given the chance to make a difference in the lives of our patients.

When we first met Kelly, she had found out she needed several blood tests done, but before that could happen she had lost her insurance. With the encouragement of her husband, she came to the clinic as a last resort.

"I've been raised to work for what you get," she said. "My family was experiencing tough times. My back was up against the wall, so I came [to the clinic]."

What she found was a place where she was more than a number. She was loved and cared for and she encountered staff and volunteers who were able to provide exactly what she needed.

"It was really neat to walk in and get what I needed," she said. "The people were caring and they understood my need."

As a result of her visit, Kelly was able to get her blood work done for free through Mercy Hospital and she was able to receive the medication that she needed through His Hands.

It is our goal to make sure each patient sees Jesus through our words and actions. From the first encounter with a receptionist to prayer support volunteers and our doctors and nurses, we want love to radiate. With Kelly, we were successful.

"I could see Jesus' signature throughout my whole visit," she said. "The love of Jesus was shown through everyone."

A Jim & Ruth Affeldt, AGWA Of Iowa, Jeff & Carol Akey, Billy & Karen Alday, Wendell & Mary Aldrich, All Secure-Cedar Rapids, Alliant Energy Foundation, Doug Anderson, Lori Anderson, Anderson Bogert, Annira Household, Larry & Sylvia Anspach, Antioch Christian Church, Jim & Terri Archibald, Craig Arians, Ed

B & Leona Arkema, Jerry & Shelley Ask, Fannie Bailey, Venkat Balasubramanian, Daniel & Marcia Banyas, Joshua & Fedia Bean, Edward Beardsley, Robert Becker, Belkale Household, Jim & Shellie Bell, Sean & Deanna Bell, Sherine Belz, Kurt & Rebecca Bendixen, Scott & Lori Berru, Bethany Lutheran Women's Guild, Carla Bilter, Dawn Blair, Richard & Lorraine Blanck, John & Nancy Blow, Sandy & Jim Bodin, Michelle Boileau, Bouslog Insurance, Frank & Rosemary Bowers, Sam & Mary Brant, Arlene Brant, Larry & Toni Bricker, Bridgehaven Pregnancy Support Center, Paul Brimmer, Ivan & Deb Brinkman, Alan & Florence Brinkmann, Michael & Victoria Brooks, Gary & Dawn Brouwers, William & Beverly Brouwers, Tim & Pam Brustkern, Building Pros Of Eastern

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In honor of Dr. JL Banks

In memory of Mary Brecht

In honor of Rosette Joseph

In honor of Amelia Rodriguez

In memory of Mildred Arduser

In memory of Delores Bruessel

In honor of St. Luke's medical staff

Abhinaya Gunasekar Graduation gift

In honor of Stonebridge Church staff women

His Hands could not exist without the support of these community resources. Thank you for supporting His Hands with in-kind services.

- The ARC of Cedar Rapids
- Clark's Pharmacy
- Dental Prosthetic Services
- Kirkwood Community College, Allied Health and Pre-Nursing Departments
- Linn County Public Health Department
- Mercy Hospital
- Mount Mercy University Nursing and Social Work Departments
- Unity Point Cedar Rapids
- University of Northern Iowa Social Work Department

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Did you know you can gift His Hands as part of your will, estate plan or as a beneficiary of an insurance policy. If you're interested in being part of our Legacy Society, contact Dawn Brouwers at 319-862-2636.

Your gift helps to continue to provide quality medical services for the uninsured and underinsured in our community. Would you consider becoming a monthly donor? Donating online is fast and secure. Visit www.hishandsclinic.org.

The Affordable Care Act (ACA) is now 2 years old, but His Hands still deals with the constant changes affecting the health care landscape. In 2015, we actually experienced an increase of 14 percent, or 159 patients, from 2014.

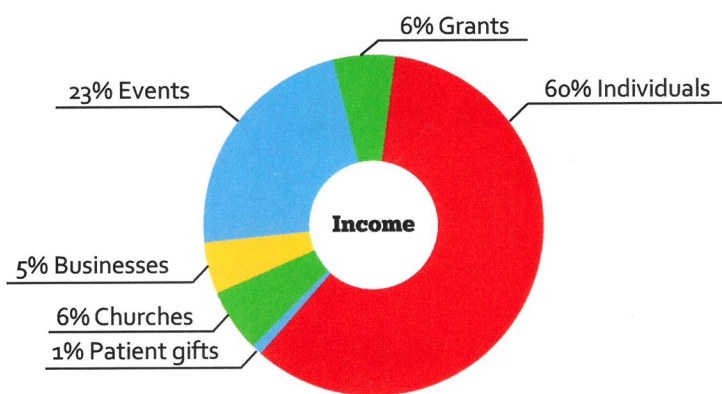
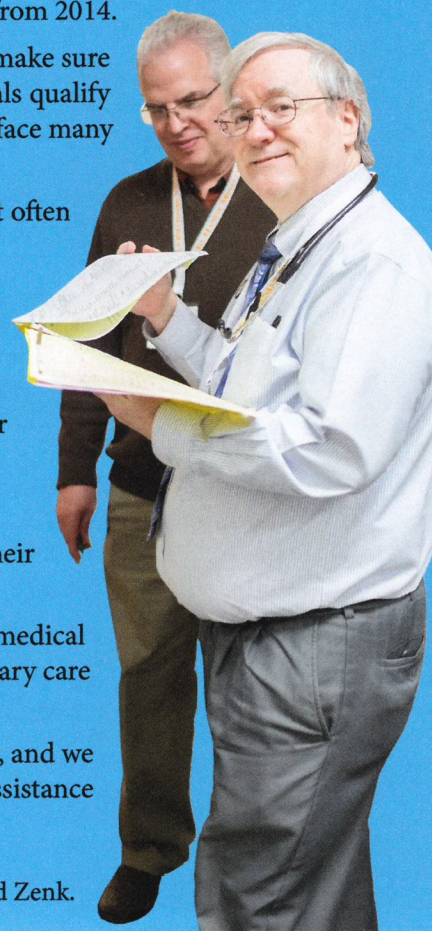
So, how is it possible that His Hands is seeing more patients when the ACA is supposed to make sure everyone has access to affordable health care? We have seen that very low income individuals qualify for free insurance with the ACA and Medicaid expansion, but individuals who are working face many barriers:

- Sometimes they make too much money one month so they lose their insurance. Then it often takes 30-45 days to have it reinstated.
- Some employers are too small to be required to offer insurance.
- Some individuals are paying for catastrophic policies with \$10,000 deductibles, and can pay the premiums but are unable to pay for routine medical care and a \$200 office visit.
- Some patients have moved and are waiting for their health care benefits to start at their new job.
- Some patients are refugees and do not yet have insurance.
- Some patients have insurance but are finding it is a two month wait to be able to see their new primary care provider.

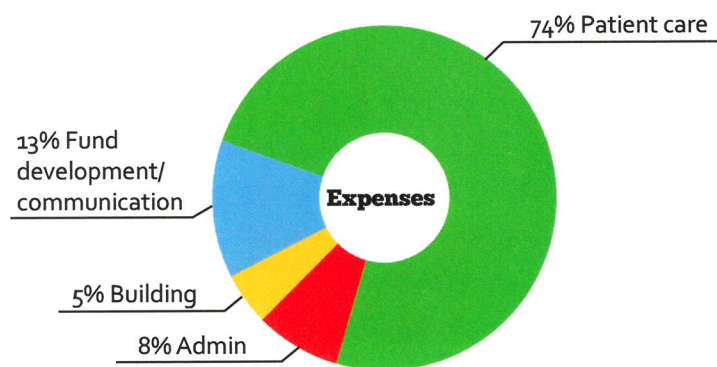
In all these cases, we are standing in the gap and providing services for patients who need medical care. Our social work pilot program is helping patients receive health insurance, find a primary care physician and address Medicaid issues.

We are also helping patients find resources for basic needs such as food, clothing and shelter, and we have helped patients work through issues related to disabilities, aging, finding prescription assistance and counseling.

Volunteers Dr. Bill Lottes and Dr. David Zenk.



Total income \$226,640



Total Expenses \$225,055*

*All categories include staff wages except building.

What our patients are saying

"Knowing I am not alone and can get help is such a peace of mind to me."

"Thank you to everyone for being so kind. I don't feel awkward, instead I feel truly cared about."

"I know without your organization I would still be struggling."



HIS HANDS FREE MEDICAL CLINIC

PRAISE ON THE RIVER

**Join us for this year's
Praise on the River
Sunday, June 19, 2016**



HIS HANDS FREE MEDICAL CLINIC

**Join us for our second annual
Laughter is the Best Medicine
Monday, October 3, 2016**

**For more information on
either event, visit
www.hishandsclinic.org**

His Hands Staff

Full-time

Dawn Brouwers
Executive Director

Cyndi Ziegler
Clinic Director

Cathy Piper
Office Coordinator

Lyn McBride
Clinic Assistant

Sandy Bodin
Clinic Assistant

Michelle Retter
Dental Coordinator

Part-time

Elizabeth White
Marketing Assistant

Pam Skelton - volunteer
Spiritual Support Coordinator

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Pharmacy Director

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How can you help your neighbors in 2016?

